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Instructor

Course

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Seung-Hui Cho Virginia Tech University Shootings

Seung-Hui Cho displayed various signs of not being mentally healthy ever since he joined Virginia Tech University. Despite these signs being detected by the institution's officials, the actions they took to try and assist Seung overcome his difficulties were not effective. Every action taken seemed to propel Seung's anger towards doing the unfortunate thing he did. Additionally, his social group made it worse. The lack of social bond between him and the rest of the students resulted in him spending most of the time alone. According to Schmallegger, Seung-Hui Cho schoolmates also related him to an individual who could involve himself in a school shootout. This had major effects on his already deteriorating mental health.

The main action that could have been effective in helping Seung's situation would have been completely excluding him from the rest of the students and seek a reliable mental health facility. This option would separate him from the toxic environment he was in which was his classmates. They contributed greatly to his already developing depression. Therefore, introducing him to a moderate environment would help reduce the anger he had on these students and maybe prevent the unfortunate event in 2007.

Paying attention and listening to Seung would have also assisted in preventing this event from happening. Maybe if the professors involved would have taken the time and paid attention and listened to what Seung was saying despite being quiet most of the time would

have assisted the lecturer in comprehending Seung's situation. Normally, young individuals who need assistance do not keep secrets, they may use body language to communicate. The signs made by Seung were clear, but most lecturers wrote them off. Family intervention could also play a critical role in limiting the chances of the event occurring (Presser and Sandberg 141). The reason being, when a family member is involved, the person feels a sense of belonging and tend to reason.

Work Cited

Schmallegger, Frank. "Criminology". 4th edition. (2012).

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